A REVIEW OF THE PAST ACADEMIC YEAR (2025-2026) &
AN INTRODUCTION TO THE NEW ACADEMIC YEAR (2026-2027)

THE STUDENT ORGANIZATION CHRONICLES

CALIFORNIA NORTHSTATE UNIVERSITY
COLLEGE OF PHARMACY



California Northstate University College of Pharmacy takes great pride in its variety of student organizations. Through participation in organizations, our students gain leadership experience and are provided with the opportunity to serve their community and profession through the delivery of a variety of healthcare services in the Sacramento area. As a result of their commitment to the profession, our students have been recognized at the state, regional, and national level for their achievements!

Inside This Issue...

Meet our student organizations and learn about each of their accomplishments this past year and future initiatives!

Office of Student Affairs and Admissions

American Association of Psychiatric Pharmacists

aapp

Improving minds. Improving lives.



INFO SESSION WITH A PSYCHIATRIC PHARMACIST

AAPP members attended an informational meeting where they discussed the various roles that pharmacists can play in the mental health field, such as providing medication therapy management, conducting medication reviews, and providing medication reconciliation services.



Mental Health First Aid Training

MHFA Training provided pharmacy students with the knowledge and skills needed to recognize common signs and symptoms of mental health issues and substance use challenges. As future pharmacists, it is important to recognize patients in need of mental health support.

2026-2027 Executive Board



Muhammad Nissar



Sunny Xiong



Diana Abad



Dimitri Moua



Esther Kim

The AAPP Foundation envisions a world where individuals with mental health disorders receive optimal care as a result of psychiatric pharmacists serving as integral members of the health care team.

OCA MENTAL HEALTH FORUM

At the OCA Mental Health Forum, where the Sacramento community gave personal speeches about mental health awareness, AAPP had the privilege of representing CNU students and advocating for mental health.



AMERICAN ASSOCIATION OF PSYCHIATRIC PHARMACISTS (AAPP)

Formerly the College of Psychiatric and Neurologic Pharmacists (CPNP)

Faculty Advisor: Dr. Jason Wong



SUICIDE PREVENTION AWARENESS DAY & WORLD MENTAL HEALTH DAY

AAPP promoted mental health awareness by writing positive messages on sticky notes to inspire hope and support within our campus. AAPP also gave students semi-colon henna tattoos to raise awareness for suicide prevention.

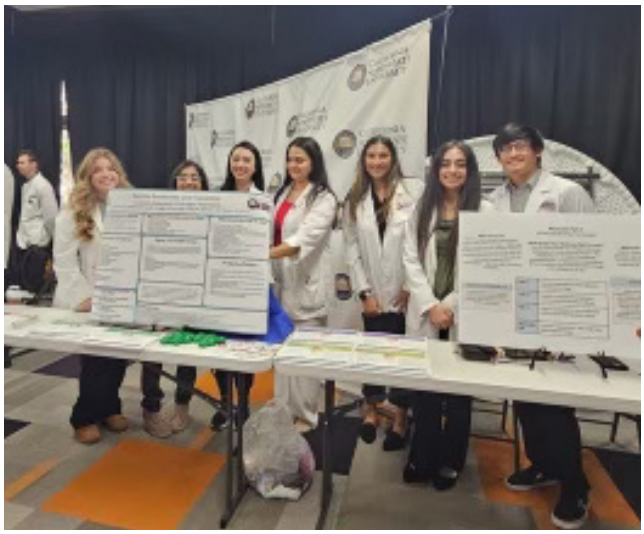
A semicolon tattoo symbolizes mental health awareness, representing a choice to continue one's life story despite struggles. It stands for hope, resilience, and solidarity with those facing depression, suicide, or self-harm.



AAPP members volunteered at community health fairs and festivals to offer mental health awareness and resources, as well as collaborated with other CNU orgs to provide blood pressure and diabetes screenings to the local community.



CELEBRANDO FESTIVAL



CAPITAL REGION EAST AND WEST HEALTH FAIR

Mission Statement:

Our mission is to advance the reach and practice of psychiatric pharmacy and serve as the voice of the speciality.

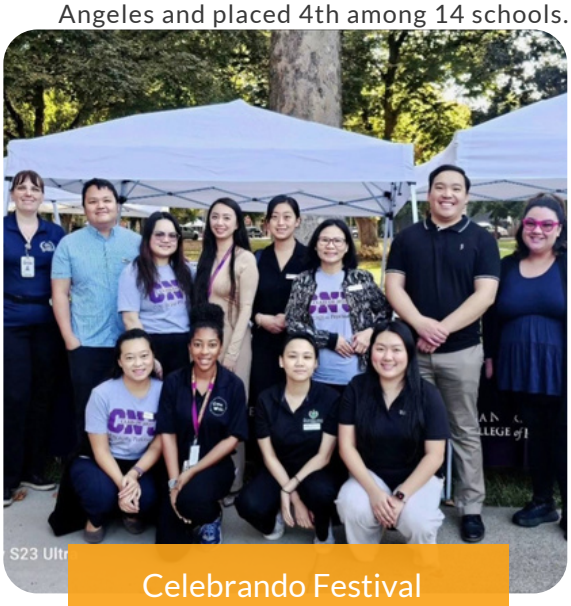
American Pharmacists Association - Academy of Student Pharmacists/ California Pharmacists Association (APhA-ASP/CPhA)

Faculty Advisor: Dr. Shahanara Ahsan



National Quiz Bowl Competition

APhA-ASP/CPhA members participated in the National Quiz Bowl at the Western Pharmacy Exchange in Los Angeles and placed 4th among 14 schools.



Celebrando Festival

Each year, APhA-ASP/CPhA holds multiple health fair events for our members to practice clinical skills. We not only increase awareness of local, state, and national health services and resources, but also motivate participants to make positive health behavioral changes.

APhA's Mission:

"As the voice of pharmacy, the American Pharmacists Association leads the profession and equips members for their role as the medication expert in team-based, patient-centered care.

APhA achieves our mission by:

- Advancing pharmacists' optimal roles in team-based, patient-centered care.
- Providing opportunities for professional development, recognition, differentiation, and leadership.
- Disseminating timely relevant information and state-of-the art tools and resources.
- Raising societal awareness about the role of pharmacists to optimize in patient care .
- Creating unique opportunities for members to connect and share with peers across practice settings."

CPhA's Mission:

"It is the mission of the California Pharmacists Association to promote the health of the public through the practice of pharmacy."

APhA-ASP CPhA



Giant Pumpkin Festival



APhA-ASP/CPhA collaborated with SVPhA and UOP to provide our community with education about hypertension, diabetes, and candy safety.



Lunch-In with Rite Aid

Casino Night





Pharmacist Appreciation Dinner

AHA Annual Heart Walk



APhA-ASP/CPhA walked with SVPhA at the American Heart Association's Annual Heart Walk to support the initiatives of the American Heart Association.



Vivitrol Substance Use Disorder Training



2026-2027 Executive Board

Co-Presidents: Diana Chang (Class of 2028) and Khadija Idris (Class of 2028)
Membership Vice President: Meena Idrees (Class of 2028)
Patient Care Vice President: Jordan Darling (Class of 2028)
Communications Vice President: Charalynn Smith (Class of 2028)
Operation Immunization Chair: Anthony Yang (Class of 2028)
Operation Heart and Diabetes Chair: Sofia Fastovich (Class of 2028)
Treasurer: Alister Guo (Class of 2028)

CALIFORNIA NORTHSTATE UNIVERSITY - CANCER AWARENESS, RESEARCH, AND EDUCATION SOCIETY (CNU-CARES)

Faculty Advisor:

Giant Pumpkin Festival Health Fair

The Giant Pumpkin Festival in Elk Grove Park is one of several opportunities CNU-CARES members can volunteer for and help educate the community about various topics in the healthcare field. Pictured to the right are CNU-CARES members, who volunteered for the Giant Pumpkin Festival Fall of 2025, and promoted the health of the community through different health screenings.





Past Event

Making Strides against Breast Cancer is an annual event that students and staff can participate in by donating to the American Cancer Society and/or walking with fellow CNU students and staff members.

Mission Statement:

CNU-CARES, serving California Northstate University College of Pharmacy, is committed to providing culturally and linguistically appropriate health care services that focus on preventative care education, cancer awareness, referral for screenings, and social support for the underserved communities.

CNU-CARES



Executive Board 2025-2026

Annual Cancer Symposium

The Annual Cancer Symposium is the largest annual event hosted by CNU-CARES. The symposium seeks to recognize and bring awareness to different types of cancers to the community. In the previous academic year, we focused on Bone cancer and invited Dr. Seveen Alexander to share about what oncology is all about. Afterwards a Q&A session took place after the guest speakers have presented. Those that attended were thankful for the guest speakers and saw what an oncology pharmacist can do for their community.

Club Day, Fall 2025





CNU - CARES

CALIFORNIA NORTHSTATE UNIVERSITY
CANCER AWARENESS, RESEARCH & EDUCATION SOCIETY

2026 - 2027 Executive Board

President: *Jordan Darling* (Class of 2028)
Treasurer: *Muhammed Awais Nisar (Class of 2028)*
Secretary: *Esther Kim (Class of 2028)*
Publicist: *Khadija Idris (Class of 2028)*
Event Coordinator: *Khoa Ho (Class of 2028)*
Grant & Research Co-Chair: *Dimitri Moua (Class of 2028)*

INDUSTRY PHARMACIST ORGANIZATION (IPhO)

Faculty Advisors:
Dr. Linh Ho
Dr. Tibebe Woldemariam

IPhO E-Board 2026-2027



Mission Statement

The Industry Pharmacists Organization is exclusively dedicated to advancing the careers of industry pharmacists by:

- Providing timely and relevant information that is vital to our members.
- Raising awareness among employers and industry executives about the role that industry pharmacists can play in drug development and appropriate medication use.
- Providing targeted resources and coaching to enhance members' continuing education and professional development.
- Creating opportunities for members to network and exchange ideas with their industry pharmacist peers.
- Providing access to attractive and relevant employment opportunities available in the industry.

IPhO
Industry Pharmacists Organization

Club Day 2024



Stop by our booth on Club Day at the beginning of the school year to learn more about IPhO and how to join.

Campus Tour



- Our chapter had the valuable opportunity to participate in a campus tour at Genentech. The visit provided students with firsthand insight into the pharmaceutical industry and facilitated meaningful connections with industry professionals.

"We strive to provide our students with the opportunity to enhance and deepen their understanding regarding career paths available within pharmaceutical industry."

INDUSTRY PHARMACIST ORGANIZATION

What's new:

*Look out for these events as well as **site visits** to drug companies in the coming year! If interested, contact us at ipho.cnu@gmail.com*

Community Service



- IPhO participated in the Giant Pumpkin Festival Celebrando, and East and West Health Fair in the past year.
- Get involved with helping the community with us!

IPhO x AMCP Roundtable



- Each year IPhO and AMCP collaborate and bring speakers from both industries to meet our students.
- You do not want to miss this networking opportunity!

National VIP Competition



***2nd Place in 2022**

- **National VIP Competition**
  - Each year CNUCOP competes against pharmacy schools nationwide in this competition.
  - Individual teams take a new molecular entity through the drug development process.
  - Key functional areas include: clinical development, regulatory affairs, medical affairs, and marketing/commercial.
- **Local VIP Competition**
  - Each year our chapter takes the national competition and brings it to our students so that our students can have the same opportunity.

2026-2027 Executive Board

Co-President: Saja Mahmood *(Class of 2028)*
Co-President: Dimitri Moua *(Class of 2028)*
Vice President: Anthony Yang (Class of 2028)
Director of Community Engagement: Sunny Xiong (Class of 2028)
Director of Social Media & Marketing: Khadija Idris(Class of 2028)
Director of National Engagement: Khoa Ho (Class of 2028)

PHI DELTA CHI (PDC)

Faculty Advisors:
Dr. Allison Hom
Dr. Victor Phan

Alterum Alterius Auxilio Eget
Each Needs the Help of the Other




TOP 200 CHALLENGE

This annual event provides students the opportunity to compete in a fun and comprehensive challenge that tests their knowledge of the brand, generic, and indication of the Top 200 drugs.




CV/RESUME & IPPE WORKSHOPS

Through organizing and hosting the CV/resume and IPPE preparedness workshops, the Brothers of Phi Delta Chi were able to help our fellow students further develop key aspects of their professional careers.

PHI DELTA CHI CONFERENCES

- **Western Regionals**
  - Regional conferences provide an opportunity for Phi Delta Chi Brothers to meet with multiple Phi Delta Chi Chapters. Brothers are given the opportunity to sample the offerings of Phi Delta Chi as a national organization, including leadership training, officer training, and brotherhood.
- **Grand Council**
  - This conference brings Brothers from nearly all 50 states to conduct our fraternal business meeting as well as provide an opportunity to further develop Phi Delta Chi Brothers as Leaders in Pharmacy.
- **Leader Development Seminar**
  - Phi Delta Chi offers a week dedicated to develop and strengthen the leadership skills of its Brothers.



PHI DELTA CHI®
ΦΔX
For Life.

Our Mission:

To provide a lifelong home for pharmacy professionals inspiring Brotherhood, Leadership, Service, and Scholarship

PHI DELTA CHI
GAMMA IOTA CHAPTER

SERVICE TO THE COMMUNITY

The Brothers of Phi Delta Chi understand that working towards our goal of becoming health professionals and leaders in pharmacy to make a difference in patients' lives is something that is cultivated throughout our time in pharmacy school. Therefore, our Brothers are always eager for opportunities to help serve those in our community.







Phi Delta Chi works with Habitat for Humanity and Sacramento Food Bank and makes annual donations to St. Jude Children's Hospital every year. Our Brothers have also participated in health fairs such as Celebrando Health Fair, Hmong Health Alliance Health Fair, Aloha Festival, Giant Pumpkin Festival, East-West Health Fair, Tet Festival, & Mandarin Festival.



2026-2027 EXECUTIVE BOARD

Worthy Chief Counselor: Anthony Yang *(Class of 2028)*
Worthy Vice Counselor: Emely Salazar *(Class of 2028)*
Worthy Keeper of Finance: Jordan Darling *(Class of 2028)*

PHI LAMBDA SIGMA (PLS)

Faculty Advisor: Dr. Olivia Phung



PHI LAMBDA SIGMA
PHARMACY LEADERSHIP SOCIETY

2025 Induction Ceremony

Phi Lambda Sigma, also known as the National Pharmacy Leadership Society, at California Northstate University College of Pharmacy inducted 9 new members this past Spring through the new Universal Member Selection Process (UMSP).

Phi Lambda Sigma recognizes those who are actively involved in advancing the profession of pharmacy through dedicated service and leadership.

2025 Newly Inducted Members

Dr. Justin Lenhard *(Faculty)*

Abtin Anvari (Class of 2027, 4Y)
Ashley Kim (Class of 2027, 3Y)
Dyan Carlos (Class of 2028, 3Y)
Grace Hanhan (Class of 2027, 3Y)
Jerico Leynes (Class of 2027, 4Y)
Mia Syvirathphan (Class of 2027, 3Y)
Nghi Tong (Class of 2027, 4Y)
Shahzaib Ali (Class of 2027, 3Y)
Vivienne Diep (Class of 2027, 4Y)

Our Purpose

To promote the development of leadership qualities, especially among pharmacy students.

"Empowering lifelong leader in the profession of pharmacy since 1965"



Post-Graduation Opportunities

CNU alumni, Dr. Jennifer Courtney, hosted an event highlighting ways students can continue participating in organizations post-graduation. The presentation promoted student involvement in organizations and the importance of leadership in the profession.

PHI LAMBDA SIGMA

Pharmacy Leadership Society

Epsilon Epsilon Chapter



Previous Events

Producing an Effective Journal Club
presentation by Dr. Matt Horton

***A**pplying to Residencies and Fellowships*
with California Northstate University College of Pharmacy's Rho Chi Chapter

Never Too Late to Begin Taking on Leadership Roles
by Dr. Peter Tenerell

Guest Speaker - Phi Lambda Sigma National President Leadership Talk
by Dr. Haoi-An Truong

Student Leader of the Month Award
by peer recognition nominations (August 2025 - March 2026)



Executive Board 2024-2025

President: Shahzaib Ali *(Class of 2027, 3YP)*
Vice President: Dyan Carlos *(Class of 2028, 3YP)*
Secretary: Christine Thi Nguyen Park *(Class of 2027, 3YP)*
Treasurer: Mia Syvirathphan (*Class of 2027, 3YP)*

@PLS.CNU // STAY CONNECTED

RHO CHI SOCIETY (PX)

Faculty Advisors:
Dr. Peter Tenerelli
Dr. Olivia Phung



The Rho Chi Insignia

The **Greek letters, "Rho" and "Chi,"** were originally selected because, when placed in the relative position in which they are found on the Rho Chi Key, they are emblematic of the prescription sign.

The **colors** attached to the seal of membership were chosen to indicate the royalty of purple and the loyalty of white.

The **octagonal key** has sides that now represent chemistry, biology, physiology, pharmaceutics, pharmacology, and the biomedical, social/administrative, and clinical sciences. This key represents the use of medication in health care.

How to Be a Rho Chi Member

- 4YP: GPA ≥ 3.0 AND Top 15% of class for P2 (the remaining 5% for a total of top 20% will be inducted P3 year)
- 3YP: GPA ≥ 3.0 AND Top 20% of class for P2
- Eligible after P2 Fall semester
- Initiation in the P2 Spring semester



Our Mission:

As the academic honor society in pharmacy, the Rho Chi Society:

- *Encourages and recognizes intellectual achievement*
- *Stimulates critical inquiry to advance pharmacy*
- *Contributes to the development of intellectual leaders*
- *Promotes highest ethical standards and fosters collaboration*

Our Vision:

Rho Chi is an international honor society for pharmaceutical sciences, with the mission to "encourage high scholastic achievement and fellowship among students in pharmacy and to promote the pharmaceutical sciences". Rho Chi Society seeks to advance pharmacy through sustained intellectual leadership.



Benefits of Rho Chi

- Attendance at meetings:
  - APhA Annual Meeting (networking, voting on issues)
  - Rho Chi Distinguished Lecturer Award

- Graduate Scholarships

- Fellowship Award (one annually through American Foundation of Pharmaceutical Education)

- Clinical Research Scholarship

- Chapter Recognition
  - By Chapter and by members



The Rho Chi Society
THE ACADEMIC HONOR SOCIETY IN PHARMACY
Delta Upsilon Chapter
California Northstate University College of Pharmacy



2025-2026 Executive Board

P4 Co-President:
Nicholas Paolini *(Class of 2027)*

Vice President:
Theresa Tran *(Class of 2027)*

Secretary:
Neysa Goodwin *(Class of 2027)*

Treasurer:
Hamsa Yahya *(Class of 2027)*

Historian:
Nghi Tong *(Class of 2027)*

2026 Newly Inducted Members

Maixia Lee (Class of 2027)
Jansen Nunez (Class of 2027)
Seema Al-obaidi (Class of 2027)
Francis-William Cuico (Class of 2027)
Suhina Das (Class of 2027)
Hung Kieu (Class of 2027)
Jaye Mungcal (Class of 2027)
Anh-Thu Nguyen (Class of 2027)
Ashwin Prasad (Class of 2027)
Rasha Shakir (Class of 2027)
Diana Vang (Class of 2027)

STUDENT BODY COUNCIL (SBC)

Faculty Advisors:
Dr. Tiffany-Jade Kreys
Dean Xiaodong Feng

Mission Statement

The mission of the Student Body Council at CNU is to represent and support the students by fostering professional growth, academic excellence, and student success. As a bridge between the student body, the university, and student organizations, the Council promotes leadership, professionalism, mentorship, and unity while advancing the mission and values of CNU.

Welcoming the New Student Body Council Board Members! 2026-2027



Emely Salazar
Treasurer



Anthony Yang
Vice President



Charalynn Smith
President



Meena Idrees
Secretary/Historian



Sofia Fastovich
Event Coordinator

COM/COP Wellness Event



The CNUCOM Wellness Committee and CNUCOP Student Body Council partnered with Lend-A-Heart to bring therapy dogs to campus during lunch. The event provided students with an opportunity to take a break from their busy schedules, reduce stress, and recharge while interacting with the dogs. This promoted wellness and mental health awareness.

Lunch with The Dean & Incoming P1s



Incoming students had the opportunity to enjoy a special meet-and-greet with Dean Feng, current students, faculty, and administration — plus complimentary lunch! It was a great opportunity to explore campus, ask questions, make meaningful connections, and learn more about the CNU community while discussing their future endeavors in pharmacy. 💊



Ngoc Quynh Anh Phan
Co-Publicist



Phan Nguyen Nguyen
Co-Publicist



Esther Kim
Fundraising Chair

Student Body Council 2026-2027

President: Charalynn Smith
Vice President: Anthony Yang
Event Coordinator: Sofia Fastovich
Secretary/Historian: Meena Idrees
Treasurer: Emely Salazar
Fundraising Chair: Esther Kim
Co-Publicist: Ngoc Quynh Anh Phan
Co-Publicist: Phan Nguyen Nguyen

P4 Co-President: Neysa Goodwin
P4 Co-President: Vivienne Diep
P3 Co-President: Hung Kieu
P3 Co-President: Christine Thi Nguyen
P2 Co-President: Dimitri Moua
P2 Co-President: Jessica Chang
P1 Co-President: Quy Pham
P1 Co-President: Remi Vang

STUDENT COLLEGE OF CLINICAL PHARMACY (SCCP)

Faculty Advisor: Dr. Tony Eid



SCCP E-Board 2026-2027



Dr. Bien Speaker Event

Residency Roundtable

Hosted in conjunction with AMCP and SSHP, the annual Residency Roundtable held in the fall semester served as an opportunity for students to gain valuable insight into the different types of residency programs available post-graduation. The event hosted current residents from various programs in the Greater Sacramento area to speak to CNUCOP students about topics such as program expectations, requirements, and first-hand experiences.

SOAP Note Competitions

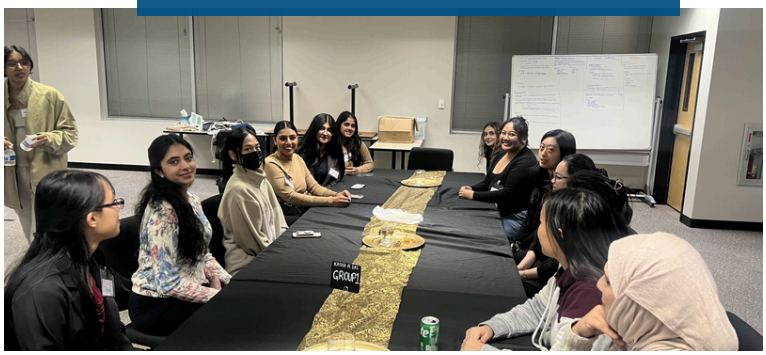
Held several times throughout the academic school year, the SCCP SOAP Note Competitions granted students the chance to test their clinical knowledge and skills. Through participating in such competitions, students were able to integrate many of the same resources regularly employed by practicing pharmacists in order to formulate a treatment plan based on their clinical judgment.



SOAP Note Competitors



Residency Roundtable



Mission

As the Student Chapter of ACCP (American College of Clinical Pharmacy), SCCP adopts the same dedication to "excellence in clinical pharmacy practice, research, and education." Through the various events we host, our mission is to help orient students to the practice of clinical pharmacy by providing information on careers and opportunities within the field, encouraging the development of skills necessary in an interdisciplinary setting, and overall advocating for the role of clinical pharmacists within healthcare.

STUDENT COLLEGE OF CLINICAL PHARMACY (SCCP)

Clinical Pharmacy Challenge (Local)

The local SCCP Clinical Pharmacy Challenge is an individual competition held at the end of the spring semester. Students have the opportunity to apply their didactic knowledge to clinical topic questions. The top three winners of the local competition will subsequently form a team and proceed to compete in a maximum of three possible successive rounds against other school chapters on a national level.



MAS-SSF Helath Fair

Clinical Research Challenge (Local)

The Clinical Research Challenge is a team-based competition that tests students' ability to critically evaluate and apply primary drug literature. SCCP held our local, school-level competition, at the beginning of the spring semester in the form of a multiple-choice exam. The winners of a previous competition (pictured below) subsequently proceeded to compete in a maximum of three possible successive rounds against other school chapters on a national level.



Clinical Research Challenge

Shadowing at Beale Air Force Base

Members of SCCP had the amazing opportunity to visit Beale Air Force Base and shadow our very own faculty advisor, Dr. Tony Eid! By shadowing Dr. Eid, students had the opportunity to witness real-life application of information from our pharmacotherapy courses and curriculum taught by Dr. Eid, as well as our longitudinal lab practicum course. Students were also able to see how pharmacists play a role in an Air Force setting.

Health Fairs

SCCP has participated in many health fairs throughout the years, including Celebrando, the East-West Health Fair, and the Mountain Mandarin Festival. Students who volunteered at these events had the opportunity to provide patients with blood glucose screenings, EpiPen administration education, flu vaccinations, and other health services!



Latino Book and Family Festival



2026-2027 Executive Board

President: *Muhammad Nisar (Class of 2028)*
Vice President: *Jordan Darling (Class of 2028)*
Treasurer: *Khoa Ho (Class of 2028)*
Historian: *Meena Idrees (Class of 2028)*
Director of Clinical Affairs: *Emely Salazar (Class of 2028)*
Director of Health Outreach: *Michelle Okafor (Class of 2028)*

STUDENT NATIONAL PHARMACEUTICAL ASSOCIATION (SNPhA)

Faculty Advisor:
Dr. Tarek Kassem

2025-2026 Executive Board

President: Lizet Medina *(Class of 2027)*

Vice President: Amrit Kaur Kang *(Class of 2027)*

Secretary: Allyson Calamayan *(Class of 2027)*

Treasurer: Amneet Kaur *(Class of 2027)*

General Initiative Chair: Shahzaib Ali *(Class of 2027)*

Giant Pumpkin Festival, Celebrando Health Fair, and East & West Health Fair

One of the main drivers of SNPhA is to serve the community through various health initiatives. These services include blood drives, health education and awareness campaigns, and health screenings at local fairs. Each year, our members participate in events such as the Giant Pumpkin Festival, Celebrando Health Fair, and the California Capitol Region East & West Health Fair, where they provide blood pressure screenings and health education to underserved populations in the Elk Grove and Sacramento communities.

East & West Health Fair



Residency Round Table



Residency Round Table

In collaboration with SSHP, SCCP, and ASCP, our core purpose for the Residency Round Table was to educate attendees on postgraduate residency training and professional development pathways. We aimed to provide students with direct insight from current residents, helping them better understand the application process, expectations, and opportunities within pharmacy practice.

Mission

As an extension of NPhA (National Pharmaceutical Association), SNPhA is an educational service association of pharmacy students that seeks to plan, organize, coordinate, and execute programs geared towards the improvement of the health, educational, and social environment of minority communities. Our mission is to help serve the underserved.

STUDENT NATIONAL PHARMACEUTICAL ASSOCIATION (SNPhA)

Regional & National Involvement

This year, our SNPhA chapter grew through monthly webinars and surge challenges. Webinars kept us informed and connected with national initiatives, while hearing from professionals inspired our local efforts. Initiative focused surge challenges pushed us to creatively serve our community—whether through health education, advocacy, or mentorship. These activities strengthened our teamwork, leadership, and commitment to SNPhA's mission.



Club Day 2025



Our Initiatives

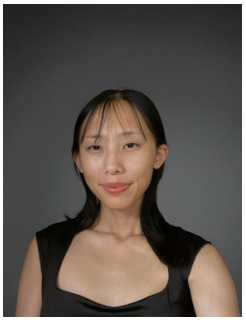




President
Diana Abad



Project Keepsake Chair
Carlo Zarosi



Secretary
Diana Chang



Vice President
Xavier Garcia



Treasurer
Dyan Carlos

2026-2027 Executive Board

President: Diana Abad (Class of 2028)

Vice President: Xavier Garcia (Class of 2028)

Secretary: Diana Chang (Class of 2028)

Treasurer: Dyan Carlos (Class of 2028)

Project Keepsake Chair: Carlo Zarosi (Class of 2028)

STUDENT SOCIETY OF HEALTH-SYSTEM PHARMACISTS (SSHP)

Faculty Advisor: Dr. Welly Mente

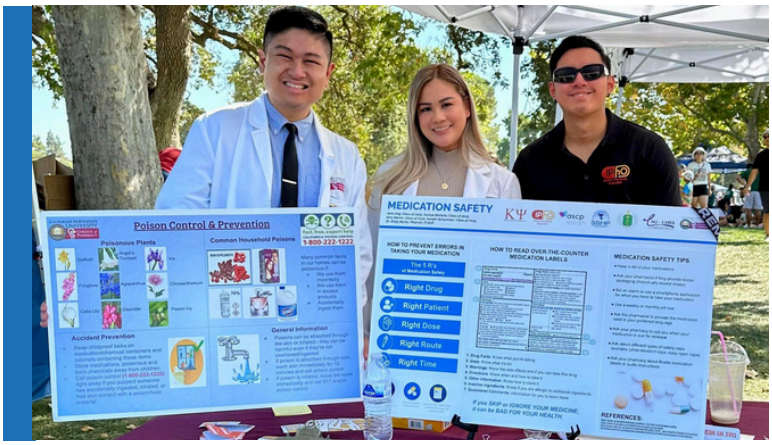
Mission

To Represent and Empower Student Pharmacists Practicing in Health-Systems to Promote Wellness, Patient Safety and Optimal Use of Medications.

Vision

Pharmacists are Recognized as Leaders in Wellness, Patient Safety and the Optimal Use of Medications.







2026-2027 SSHP Executive Board

Three-Part Residency Series

Part 1: Residency 101 information session.
We invite recent graduates from CNU completing PGY-1 residencies and faculty members who have completed residencies in the past. The contents of the presentation include information about residency programs, stories on life as a resident, and a Q&A session.

Part 2: Skills-based workshop on the residency application process.
We invite speakers from a local medical center to speak about choosing between different residency programs and navigating the application process.

Part 3: Annual Residency Roundtable.
Attendees spend the evening networking with residents and pharmacy directors from many local pharmacy residency programs.



STUDENT SOCIETY OF HEALTH-SYSTEM PHARMACISTS (SSHP)

Respiratory Health Initiative

Our student chapter sets-up health fairs in collaboration with Breathe CA – Sacramento, a nonprofit organization under Kaiser Permanente.

We provide volunteer services around the Elk Grove and Sacramento area, many of them being at senior and assisted living homes. Some services that we provide are spirometry, glucose screenings, peak flow readings, blood pressure screenings, education, and more.

Clinical Skills Competition

Each year, SSHP hosts a team-based competition where students are given a clinical case to analyze.

This competition gives pharmacy students the opportunity to strengthen their skills in collaborative practice with physicians in providing patient care.

The winning team in the local competition will have the chance to compete in the ASHP National Clinical Skills Competition.



CSHP Mentorship Program



Students from CNU and UOP are matched with health-system pharmacists from CSHP Sacramento Valley for guidance in CV review, interview practice, and professional development.

Poison Control Initiative



Focusing on the prevention of poisoning and public safety, we hold educational activities such as specialization webinars and a tour of the Poison Control Center in Sacramento.

Executive Board 2026-2027

Co-Presidents: Lloyd (Roy) Palmer & Sofia Fastovich Class of 2028)

Vice President: Nabila Parwani (Class of 2028)

Treasurer: Saja Mahmood (Class of 2028)

Publicist: Sunny Xiong (Class of 2028)

Director of Medication Safety: Dyan Carlos (Class of 2028)

Director of Poison Control: Lloyd (Roy) Palmer (Class of 2028)

Director of Respiratory Health: Muhammad Awais Nisar (Class of 2028)

@SSHP_CNSU


CALIFORNIA NORTHSTATE
UNIVERSITY
WELLNESS ETHICS REASON
PROFESSIONALISM COMMUNICATION PROBLEM SOLVING
EXCELLENCE
INTEGRITY
Rx
COLLEGE of
PHARMACY